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Criterion 3: Research, Innovations and Extension

3.4.3 Number of extension and outreached Programmes conducted by the institution through NSS/NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

LIFESTYLE DISEASES



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LIFE STYLE DISEASES AWARENESS PROGRAM

Participants list

Date - 25/09/2018

Place - Panachikad Panchayath, Pathamuttom

Participant:

- 1. Baby Thomas
- 2. Sukumaran T
- 3. Kamalamma Dineshan
- 4. Nirmala sethu
- 5. Kunjunjamma Antony
- 6. Sumathy S
- 7. Joy Mathew



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EXTENSION ACTIVITY REPORT (2018-19)

As a part of extension activity a class on "LIFE STYLE DISEACES" conducted on

25/09/2018 at 2:00 pm- 3:00 pm for the people over 60 years near Malikamukku, Pathamuttom. A team of 7 students took the class under the coordination of Lr. Sanal Jacob. The class mainly focused to make them aware about the diseases which may affect their health. The class was a great success and students cleared all their doubts. The class covered all the areas of health related issues and the people returned their home with full of happinesswith a clear mindset to take a well precaution against the diseases.



Sanal Jacob Coordinator

Principal



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Department of Computer Applications PRESENTS:

onen.

Date: 25th September 2018

Time: 2:00 to 3:00 pm

Venue: Panachikkadu Panchayath

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