

## Criterion II: Teaching Learning and Evaluation

### 2.3 Teaching Learning Process

**2.3.1 Student centric methods, such as experiential learning, participative learning and problem solving methodologies are used for enhancing learning experiences using ICT**

**CAMPUS**

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | [scas@saintgits.org](mailto:scas@saintgits.org)

**CORPORATE OFFICE**

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | [mail@saintgits.org](mailto:mail@saintgits.org)

[www.saintgits.org](http://www.saintgits.org)



**DEPARTMENT OF PSYCHOLOGY**



**EXPERIENTIAL LEARNING**

S/No	YEAR	Contents
1	2021-2022	Behavior Observational Research
2		Survey Research
3		Memory Testing

SAINTGITS

**CAMPUS**

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | [scas@saintgits.org](mailto:scas@saintgits.org)

**CORPORATE OFFICE**

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | [mail@saintgits.org](mailto:mail@saintgits.org)

[www.saintgits.org](http://www.saintgits.org)

## EXPERIENTIAL LEARNING 2021-2022

### Behavior Observational Research

First year B.Sc. Psychology students of 2021-2022 academic year conducted observational research on various topics. The topics are selected based on the Psychological research methods for conducting observational research. The students were divided into four groups of five members. And conducted 4 different behavior researches. And the result of the observational research was submitted to the department. The topics selected by students for observational research as follows:

1. "Social behavior of degree students outside and inside the classroom".
2. "The teaching attitudes and behaviours of teachers"
3. "Behavioral changes of people in social setting after pandemic"
4. "Group cohesiveness and group favourism behavior of students in College".

The observational skills are one of the necessary life skills needed for the Psychology students. The observational research facilitate the students to learn the observational skills more efficiently.



**Dr. K. K. John**  
Principal

Saintgits College of Applied Sciences  
Kottukulam Hills, Pathamuttom P.O.,  
Kottayam 686 532, Kerala

**CAMPUS**

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | scas@saintgits.org

**CORPORATE OFFICE**

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | mail@saintgits.org

[www.saintgits.org](http://www.saintgits.org)

## Psychological Survey Research

First year B.Sc. Psychology students of 2021-2022 academic year conducted survey research on various topics. The topics selected for the surveys are either socially or psychologically relevant. The students were divided into four groups of five members. And conducted 4 different Survey researches. The participants of the survey are college students and the data collected through Google forms. The questions in the survey was created by students. The result of the Survey research were submitted to the department. The topics selected by students for the survey research as follows:

1. Survey on "Academic Pressure among First year college students".
2. Survey on "Social Anxiety among college students in the post covid era"
3. Survey on "Gender difference in the socialization among first year college students"
4. Survey on "Adjustment Problems among first year hostler students".

Survey research helps the students in developing research knowledge as well as studying the psychological variables.

### CAMPUS

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | [scas@saintgits.org](mailto:scas@saintgits.org)

### CORPORATE OFFICE

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | [mail@saintgits.org](mailto:mail@saintgits.org)

[www.saintgits.org](http://www.saintgits.org)

## Memory Testing

As part of the syllabus, basic cognitive process are learned. As a cognitive process, learning memory is one of the fascinating area of Psychology. Students of First year BSc. Psychology tested memory span of individuals. They used Miller's Magic number as the reference for memory test. Immediate memory span was administered by using forward and backward digit span test.

### CAMPUS

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | [scas@saintgits.org](mailto:scas@saintgits.org)

### CORPORATE OFFICE

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | [mail@saintgits.org](mailto:mail@saintgits.org)

[www.saintgits.org](http://www.saintgits.org)

## Behavior Observational Research – Topics

Sl.No	Name of the Student	Topics
1	ABHISHA LIYA VARGHESE	Social behavior of degree students outside and inside the classroom
2	JOSMA MANI	The teaching attitudes and behaviours of teachers
3	AMRUTHA SAJI	Behavioral changes of people in social setting after pandemic
4	ANGEL RAJI	Group cohesiveness and group favourism behavior of students in College
5	ANUSREE B	Social behavior of degree students outside and inside the classroom
6	ARDHRA TOM MICHAEL	The teaching attitudes and behaviours of teachers
7	ARON MATHEWS	Behavioral changes of people in social setting after pandemic
8	AYSHA NASAR	Group cohesiveness and group favourism behavior of students in College
9	CHRISTINA ANNA SUDHEER	The teaching attitudes and behaviours of teachers
10	ELIZABETH SARA JOSEPH	Social behavior of degree students outside and inside the classroom
11	FENILDA MARIA VARGHESE	The teaching attitudes and behaviours of teachers
12	JACOB ZACHARIAH	Behavioral changes of people in social setting after pandemic
13	KEVIN SAJI	Group cohesiveness and group favourism behavior of students in College
14	LEENET ELIZABETH PHILIP	Behavioral changes of people in social setting after pandemic
15	MEERA SURESH	Social behavior of degree students outside and inside the classroom
16	MERIN MARY BIJU	The teaching attitudes and behaviours of teachers
17	NAVYA MARY GEORGE	Behavioral changes of people in social setting after pandemic
18	NIKHILA PRADEEP	Group cohesiveness and group favourism behavior of students in College
19	NIYA SUSAN ANIL	The teaching attitudes and behaviours of teachers
20	FATHIMA SIDHYC	Behavioral changes of people in social setting after pandemic

### CAMPUS

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | scas@saintgits.org

### CORPORATE OFFICE

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | mail@saintgits.org

[www.saintgits.org](http://www.saintgits.org)



## Survey Research- Topics

Sl.No	Name of the Student	Topics
1	ABHISHA LIYA VARGHESE	Academic Pressure among First year college students
2	JOSMA MANI	Social Anxiety among college students in the post covid era
3	AMRUTHA SAJI	Gender difference in the socialization among first year college students
4	ANGEL RAJI	Adjustment Problems among first year hostler students
5	ANUSREE B	Academic Pressure among First year college students
6	ARDHRA TOM MICHAEL	Social Anxiety among college students in the post covid era
7	ARON MATHEWS	Gender difference in the socialization among first year college students
8	AYSHA NASAR	Adjustment Problems among first year hostler students
9	CHRISTINA ANNA SUDHEER	Adjustment Problems among first year hostler students
10	ELIZABETH SARA JOSEPH	Academic Pressure among First year college students
11	FENILDA MARIA VARGHESE	Social Anxiety among college students in the post covid era
12	JACOB ZACHARIAH	Gender difference in the socialization among first year college students
13	KEVIN SAJI	Social Anxiety among college students in the post covid era
14	LEENET ELIZABETH PHILIP	Gender difference in the socialization among first year college students
15	MEERA SURESH	Academic Pressure among First year college students
16	MERIN MARY BIJU	Social Anxiety among college students in the post covid era
17	NAVYA MARY GEORGE	Adjustment Problems among first year hostler students
18	NIKHILA PRADEEP	Gender difference in the socialization among first year college students
19	NIYA SUSAN ANIL	Adjustment Problems among first year hostler students
20	FATHIMA SIDHYC	Academic Pressure among First year college students



### CAMPUS

Kottukulam Hills, Pathamuttom P. O., Kottayam – 686 532, Kerala | Tel: +91 481 2433787 | scas@saintgits.org

### CORPORATE OFFICE

III Floor, Unity Building, K. K. Road, Kottayam – 686 002, Kerala | Tel: +91 481 2584330, 2300365 | mail@saintgits.org

[www.saintgits.org](http://www.saintgits.org)