



SPORTS DAY 18-19
REPORT

The college sports day was conducted on 22nd February 2019. The ceremony was inaugurated by Lt. Col John Jacob and the occasion was blessed by the presence of other dignified personalities like, Prof M. C Joseph (Principal), Dr K. K John (HOD BA Corporate Economics) and Asst. Prof. Ambiliy Merin Kuruvilla (HOD Computer Sciences). The sports day started at 9:45 am with all the young and vibrant athletes on track. Manu Manoj (B2) from Ruby house was selected as the individual champion- boys. Haritha Haridas of Sapphire house was selected as the individual champion- girls. Sapphire house won the overall championship with 144 points. Emerald house became the first runners-up with 100 points.



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EVENTS

100m(Men)
100m(Women)
Discuss Throw (Men)
Discuss Throw (Women)
Shot Put (Men)
Shot Put (Women)
Javelin (men)
Javelin (Women)
Long Jump (Women)
Long Jump (Men)
400m(Women)
100*4 Relay (Men)
100*4 Relay (Mixed)
800m(Women)
High Jump (Men)



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SPORTS DAY 18-19
PARTICIPANTS' LIST

100m(Men)(Sports)	Ahamed Jubair
	Tijin Samuel
	Edwin Alex John
100m(Women)(Sports)	Sherin Elizabeth Mathew
	Jiksa Elsa Thomas
	Ahna Varghese
	Parvathy Menon
Discuss Throw (Men)(Sports)	Hari Krishina
	Dhanis Thomas
	Albin Mathew
	Goodwin Thomas
	Noel Jacob
	Alen C Mathew
	Kevin Geo
	Rodstean Abraham
	Shyil
	Manu Manoj
	Stephin Mathew
Sachin Geo	
Nevil John	
Discuss Throw (Women)(Sports)	Ansa



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	Sneha Sara
	Grace
	Haritha
	Stacy
	Maria John
	Ankitha C
	Vani
	Sherin
	Remya
	Abin Abraham
	Dhanis
	Dinu
	Thomas
	Goodwin
	Anan
	Kevin
	Noel
	Shyl
	Johan
	Manu
	Davis
	Nevil
	Sreenath
Shot Put (Men)(Sports)	Varsha Mary
	Alviya Babu
	Haritha
Shot Put (Women)(Sports)	

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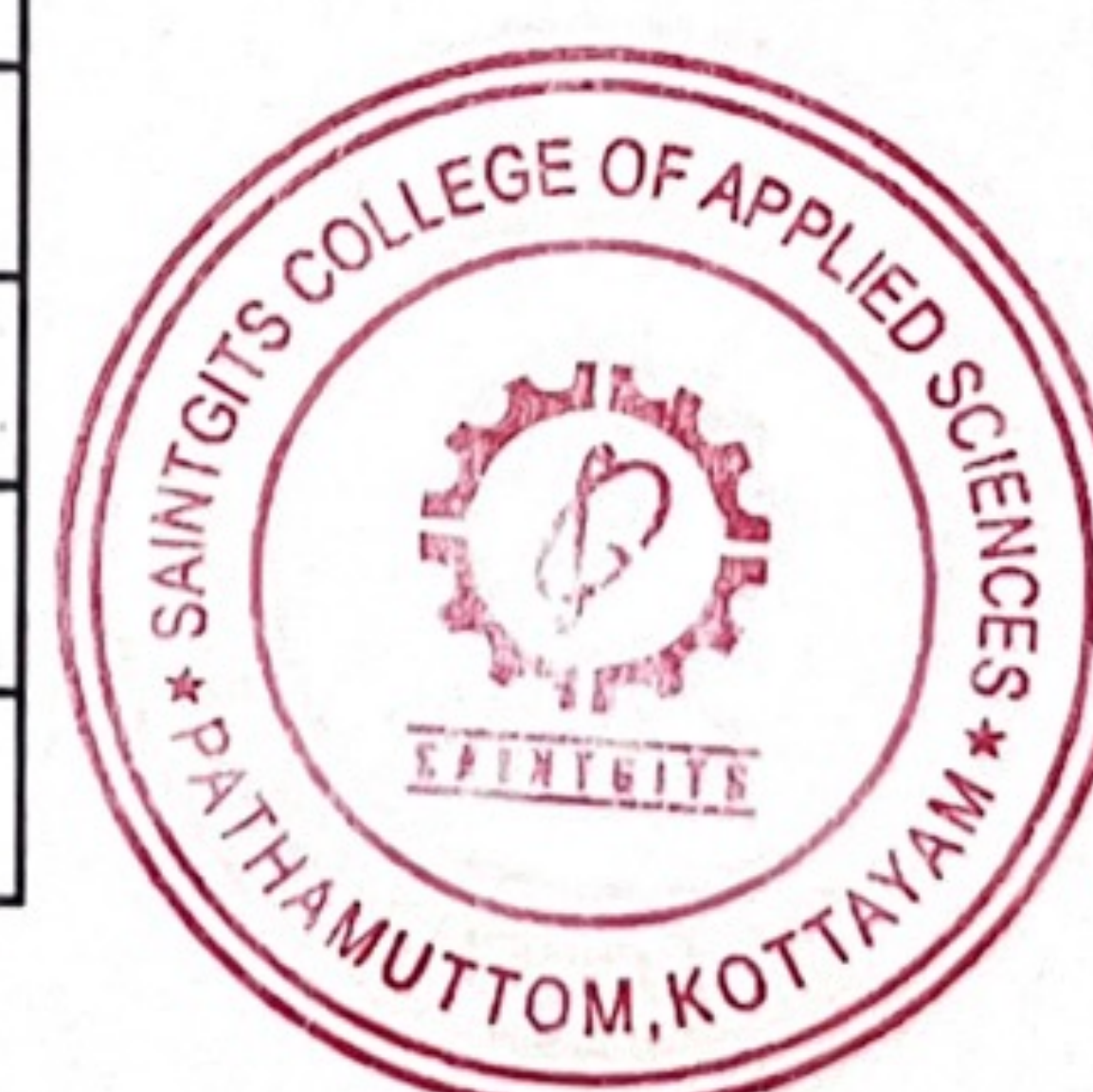
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	Jiksa
	Ankitha
	Maryia Sara
	Staisy
Javelin (Men)(Sports)	S Harikrishnan
	Muhammed Ejas
	Albin Abraham
	Dinu Philip
	Thomas Jacob
	Goodwin Thomas
	Christy B Thomas
	Kevin Geo
	Shyol Dev
	Manu Manoj
	Nevil Abraham
	Philip Sunny
	Nevil John
	Tony Thankachan
Javelin (Women)(Sports)	Meera
	Maria
	Haritha
	Alviya
	Grace
	Jiksa Elsa Thomas
	Ankitha Chinnu Mathew
Stacy	



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	Achash
Long Jump (Women)(Sports)	Sneha Sara
	Jiksa
	Haritha
	Maria
	Ankitha
	Sherin
	Long Jump (Men)(Sports)
Edwin	
Dhanis	
Kashinath	
Anandhu	
Rodstean	
Christy Thomas	
Amit George	
Shyil Dev	
Manu Manoj	
Blesson Varghese	
Albin	
Harikrishinan	
Badhusa R	
Mohammed Shahas	
Jeswin	
400m(Women)(Sports)	Haritha Haridas
	Sherin Elizabeth Mathew
	Aleena Thomas



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100*4 Relay (Men)(Sports)	Edwin Alex John
	Alen Devasia
	Rahul Raj
	Abel Mammen
	Amit George
	Rodstean Abraham
	Akash Deepu
	Amal Aji
	Abishek Thomas
	Manu Manoj
	Nevil John
Sarath KS	
100*4 Relay (Mixed)(Sports)	Jiksa Elsa Thomas
	Christy Thomas
	Sanju AV
	Haritha Haridas
	Edwin Alex John
	Rahul Raj
	Sneha Sara Santhosh
	Ansa Kuriakose
	Noel Jacob
	Sherin Elizabeth Mathew
	Binsa Sara Shibu
Stephin Mathew	
800m(Women)(Sports)	Sherin Elizabeth Mathew
	Ansa Kuriakose



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	Ankitha Chinnu Mathew
High Jump (Men)(Sports)	John
	Dinu
	Amith
	Thomas



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