



SAINTGITS COLLEGE OF APPLIED SCIENCES

(Accredited with 'A' Grade by NAAC)

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Criteria 7.1.1

Specific Facilities Provide For Women's Safety And Security

Ensuring the safety and security of women is of paramount importance of our institution. A range of measures are implemented to provide a safe environment. First, surveillance systems such as CCTV cameras are installed across key areas, including entrances, corridors, and common spaces, classrooms to monitor and deter any potential threats. Additionally, security personnel are also available at all times, preventing unauthorised entry and also particularly during late hours, and their presence are visible and easily accessible.

Counseling Facilities for Women

The provision of counseling services are provide to promote the mental health and well-being of women. Institution offers access to professional counselor who is trained to handle the unique challenges that women may face, such as stress, harassment, or trauma. Counseling facilities are made private and comfortable to ensure that women can discuss their concerns confidentially. In addition, the institution also organizes workshops and awareness programs to provide women with coping mechanisms for various pressures they might encounter. 24/7 medical support is also set up to provide support at any time, helping women feel safe and valued. Further mentoring sessions are also provided to all girl students.

Common Room for Women

A common room for women plays a vital role in promoting a sense of community and well-being. Such spaces should be designed to offer comfort, privacy, and relaxation, providing an area where women can socialize, study, or take a break from their routines. The room should be equipped with adequate arrangements. The common room is easily accessible and have a welcoming atmosphere. This safe space fosters stronger connections among women, offering an opportunity to share experiences and support one another.





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Health and Wellness Services

In addition to counseling, institutions should ensure that women have access to health and wellness services. This includes on-site medical facilities or health professionals who can address any immediate medical needs. Regular health screenings, including mental health assessments, should be offered to ensure overall well-being. Furthermore, creating a wellness room equipped with necessary hygiene products and first aid kits ensures women can access essential items when needed. Collaboration with local healthcare providers for regular check-ups or special health awareness sessions could also be beneficial in promoting a healthy environment.

Awareness Programs and Empowerment Initiatives

In order to further enhance the safety, security, and well-being of women, institutions can organize various awareness programs and empowerment initiatives. These could include self-defence training, and seminars on building self-confidence and resilience. Engaging women in leadership and mentorship programs helps to create a more supportive and empowered community. These initiatives can not only help prevent issues related to safety and security but also foster an environment where women feel confident in their ability to protect themselves and others while contributing positively to their community.

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